January 30, 2022

Dear MCES Families,

MCES administration became aware of the following confirmed COVID cases today.

St. Michael Campus: 0 St. John Campus: 1 St. Mary Campus: 0

## Any close contacts have received a separate communication from MCES.

Please always monitor your child for symptoms and get them tested should they exhibit any.

The MCES COVID-19 Dashboard can be found here.

Please refer to our <u>COVID-19 handbook</u>, which outlines the COVID protocols that originate from the health department and <u>Archdiocese of Detroit Health & Safety</u> <u>Guidance</u>. We continue to follow the direction of the Health Department when working to mitigate transmission and will act in accordance with their guidance when requesting members of our community quarantine. Masks are strongly recommended by the CDC, Archdiocese of Detroit and USCCB to prevent the spread of COVID-19.

The virus that causes COVID-19 is thought to spread mainly from person to person, through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are less than 6 feet from each other for at least 15 minutes. A person who is a close contact of someone who is infected with COVID-19 may experience COVID-19 symptoms typically within 2 to 14 days after a person is exposed.

The symptoms of Covid-19 are similar in children and adults. Symptoms can include: Fever (>100.4° F), cough, shortness of breath, nausea, vomiting, diarrhea, runny or stuffy nose, loss of taste or smell, abdominal pain.

There are many things that can be done to protect ourselves and loved ones:

- Wear a mask and practice social distancing.
- Children and adults should stay home when ill.
- Washing hands often with soap and running warm water for at least 20 seconds.
- If a hand washing station is not available, use hand sanitizer properly. Gels, rubs, and hand wipes must contain at least 60% alcohol. Dispose of wipes in the trash after use.

- Practice Good Respiratory Etiquette (cover a cough with elbow versus hands).
- Get vaccinated.

For additional information regarding COVID-19, please visit the WCHD website at:

https://www.co.monroe.mi.us/officials\_and\_departments/departments/health\_department/index.php

If you have any questions, please feel free to contact us.

Thank you,

Kyle Kubik MCES Executive Principal

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