

DISTANCE LEARNING TIPS FOR SUCCESS

Create a place to work.

Set up an area for distance learning that will be as functional and quiet as possible. Ensure you can monitor your children when they are on technology.

Post a schedule.

Establish a daily routine and post it in a common place.

Set norms.

Establish what behavior expectations you have during "school time" and "free time."

Take time for breaks.

Spend time outside- observing social distancing. Take time to stretch and run around every hour or 90 minutes.

Have fun.

Enjoy this family time together and don't stress!



Visit mcesmonroe.com
for all the distance
learning resources!

