January 11, 2022

Dear MCES Families,

On Monday, January 10 the Michigan Department of Health and Human Services announced they would adopt the CDC's new quarantine and isolation guidance for schools in the State of Michigan. These protocols have been adopted by the health department and Archdiocese of Detroit. Below is a summary of the new guidelines taken from the MDHHS protocols:

Quarantine and isolation are determined by the local health department and are used as important tools to prevent the spread of disease.

- You **isolate** when you are already infected with COVID-19.
- You <u>quarantine</u> when you have been exposed to COVID-19 and could spread it to others.

## IF YOU ARE COVID POSITIVE

- **Isolate** at home for days 0 − 5 (day "0" is day symptoms begin or day positive test was taken for those without symptoms) and monitor symptoms.
  - If symptoms have improved or no symptoms developed, return to school for days
    6-10 and mask properly.
  - If symptoms increase or you have a fever, stay home until you are fever free for a period of 24 hours without the use of fever reducing medications.

## IF YOU ARE A CLOSE CONTACT <u>AT SCHOOL</u> & <u>FULLY VACCINATED</u> OR HAD COVID IN LAST 90 DAYS

- **Symptom monitor** and mask properly for 10 days from the date of last exposure. Day "0" is last date of close contact with any COVID-19 positive individual.
  - If <u>symptoms develop</u>, begin quarantine, get tested and report results to your campus office.

## IF YOU ARE A CLOSE CONTACT <u>AT HOME</u> & <u>FULLY VACCINATED</u> OR HAD COVID IN LAST 90 DAYS

- **Symptom monitor** and **test\*** on day 5. Day "0" is last date of close contact with any COVID-19 positive individual.
  - If <u>symptoms develop</u>, begin quarantine, get tested and report results to your campus office.

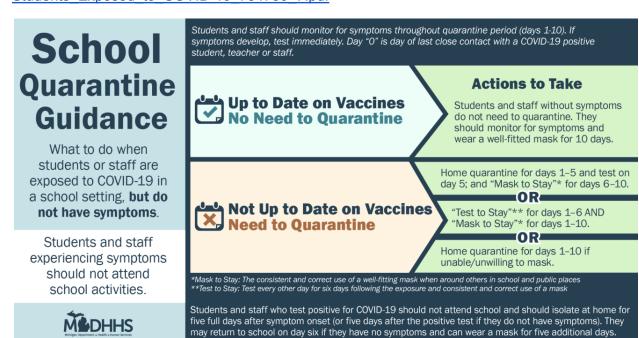
## IF YOU ARE A CLOSE CONTACT & UNVACCINATED

- Quarantine for days 1-5, test\* on day 5, and mask properly days 6-10. Day "0" is last date of close contact with any COVID-19 positive individual.
- If choosing not to test, quarantine for 10 days from exposure.
  - If <u>symptoms develop</u>, continue quarantine, get tested and report results to your campus office.
    - \*A rapid or PCR test is acceptable. Please email your result to your campus secretary.
      - St. Michael: <u>maniaci@monroecatholicschools.com</u>
      - St. John: foshag@monroecatholicschools.com
      - St. Mary: <a href="maryoffice@monroecatholicschools.com">stmaryoffice@monroecatholicschools.com</a>

The full guidance can be found here:

Michigan.gov/Coronavirus

https://www.michigan.gov/documents/coronavirus/MI\_Safer\_Schools\_Guidance\_for\_Managing\_Students\_Exposed\_to\_COVID-19\_734750\_7.pdf



We understand the continuously changing protocols are confusing and will do our best to interpret them for our MCES families in a timely manner.

Despite the new abbreviated timeline for quarantine, it is still vitally important that we adhere to the required safety protocols in place. When your child is in isolation and quarantine, they should not see other students, participate in CYO or other athletics, or attend social gatherings. This will only prolong the need for quarantining students.

MDHHS continues to recommend universal masking in all K-12 school settings.

For students that are currently in quarantine, we will be following up with an additional email with your new return to in-person learning date provided there is a negative test. This will ultimately depend on the availability of teachers.

Please continue to send your child to school with a mask. As we announced yesterday, students are strongly encouraged to wear masks to help us keep cases down. All faculty and staff will be wearing them in the presence of others.

If your child tests positive, please report the positive case to our school offices.

We thank you for your partnership with MCES.

God Bless,

Kyle Kubik MCES Executive Principal