



2017 Falcon "Introduction to Lacrosse" Camp

July 17-19, 2017



In the last five years, the number of kids playing lacrosse at the youth level has increased 43% nationally, and with good reason: it's an exciting, active sport that anyone can play! Come join in the fun with the SMCC Boys Varsity Lacrosse team for three days of instruction in this thrilling, fast-paced sport!

Who: Boys entering grades 5-8 in Fall 2017

When: July 17, 18 & 19 (Monday-Wednesday) from 6-8pm each night

Where: "The Nest" 3500 Comboni Way, Monroe, MI 48162

Coaches: SMCC Boys Varsity Lacrosse coaching staff and players, led by head coach James Thomas, former NCAA lacrosse athlete and coach

Equipment required:

- Lacrosse stick
- Helmet
- Shoulder pads/chest protector

Safety is our #1 concern! To that end, all participants **must** wear a helmet and chest protector. Either lacrosse or hockey gear can be used. We encourage parents to check with friends or relatives who may have these items, or try "Play it Again Sports" in Southgate or Toledo for used equipment.

Cost: \$20, checks made payable to SMCC Lacrosse

What you'll get:

- Three nights of instruction in the basic skills of lacrosse. Come prepared to play and have fun!
- Falcon lacrosse t-shirt
- Post-practice snack each day

For more information, contact Stephanie Hawkins stephhawkins@hotmail.com or James Thomas 248-921-6855

**Please return registration form and payment by 7/7/17 to:
SMCC Lacrosse Camp, 108 W. Elm, Monroe, MI 48162**

Child's Name _____ **Age:** _____ **Grade in Fall 2017:** _____
School attending: _____ **Emergency Contact No:** _____
Street Address: _____
City: _____ **State:** _____ **ZIP:** _____
Shirt Size (circle): Adult or Youth S M L XL **Email:** _____

Parents are required to sign below to acknowledge the release of the SMCC Lacrosse Camp, its coaches, and St. Mary Catholic Central High School from any property damage, stolen property, or injury that may be sustained by players. Signing below also verifies that the player is physically fit to participate according to the family physician, and should injury occur, grants permission to have the player treated by a physician.

Parent or Guardian: _____ Date: _____